

BREAKFAST

8am-11am

CLASSIC BREAKFAST

2 eggs, locally sourced sausage or bacon, hashbrowns, w/ choice of toast.

11

FARMER'S BREAKFAST

3 eggs, locally sourced sausage and bacon, hashbrowns, w/ choice of toast.

15

HEART SMART BREAKFAST

Egg whites, sautéed spinach, cherry tomatoes, avocado, gluten-free bread, and topped w/ micro-greens

16

MEDITERRANEAN OMELETTE

3 eggs, tomato, roasted peppers, mushroom, spinach, feta cheese, topped w/micro-greens and hashbrowns.

13

CLASSIC EGGS BENEDICT

English muffin, 2 soft poached eggs, bacon, hollandaise and hashbrowns.

16

SMASHED AVOCADO BENEDICT

English muffin, 2 soft poached eggs, smashed avocado mix, hollandaise and hashbrowns.

17

FLORENTINE BENEDICT

English muffin, 2 soft poached eggs, chopped salmon, sautéed spinach, tomato chutney, hollandaise, micro-greens and hashbrowns.

18

BREAKFAST POUTINE

Breakfast potato, cheese curds, locally sourced sausage, mushroom, hollandaise and topped w/ green onions. Add an egg \$2

15

BREAKFAST SANDWICH

2 eggs, bacon, cheddar cheese, chipotle mayo and hashbrowns.

12

EGGS & TOAST

2 eggs any style w/ choice of toast

7

COCONUT CHIA POWER BOWL

Organic chia seeds soaked in coconut milk, topped w/ fresh in season fruit, toasted almond and cococut with raspberry honey drizzle.

12

BELGIAN WAFFLES

3 waffles w/ whipped cream, fresh berries and syrup. Add Nutella \$1

13

Substitute hashbrowns for fresh fruit for \$2

kids

10 & under

KIDS WAFFLE

1 waffle w/ whipped cream and berries

6

KIDS 1 EGG + HASHBROWNS

Choice of: Bacon (1) or Sausage (1)

6

Please inform your server of any dietary restrictions or allergies.

Our kitchens are not gluten or nut free. Cross contamination may occur. Not all ingredients are listed.

Please speak directly to a manager if your allergy is severe.