



MONTHLY FEATURES

MAY - HOT DEALS, FRESH FLAVOURS

pitchfork
MARKET + KITCHEN

\$12

MONTHLY
**FEATURE
Meal 2 Go**

HOMESTYLE MEAT
LOAF DINNER



\$17

MONTHLY
**MENU
Feature**

FISH TACOS



CHEF'S CREATIONS



**Mixed Fruit Cup
With Dip**

\$4.99/each



**Fiesta Chickpea
Salad**

\$5.99/each



Santa Fe Salad

\$10.00/each



Chicken Pot Pie

\$16.00/each

LOCAL



**Sweet Nutrition
Protein Cookies**
70 g

\$4.99/each



**Roxy's
Chocolate**
65 g

\$8.79/each



**Gravelbourg
Mustard**
220 ml

\$7.99/each



**Vesela's International
Kitchen Sauerkraut**
500 ml

\$9.49/each



**Three Farmers
Roasted Lentils**
140 g

\$5.99/each



**Wild Folk Non-
Alcoholic Cocktail**
250 ml

\$5.49/each



Tubees Honey

375 g
\$9.89/each



**Foothills Creamery
Ice Cream**

1.40 l
\$10.99/each

GLUTEN & DAIRY FRIENDLY



**Le Grand
Vegan Yogurt**
500 g

\$4.99/each



**Mrs Crimbles
Coconut Macaroons**
190 g

\$5.49/each



**Station Dairy Free Cold
Brew Coffee**
355 ml

\$4.39/each



**Vegan Rob's
Dairy Free Puffs**
99 g

\$7.49/each



WEEKLY SPECIALS

pitchfork
MARKET + KITCHEN

HOT DEALS, FRESH FLAVOURS

Check out this week's hot deals from May 1st - May 7th | Shop In-Store or Online

BAKERY FEATURES



Jelly Doughnuts
4 pack

\$4.99/each



Bakery Pies Assorted

\$6.99/each



Blueberry Strudels
4 pack

\$6.99/each



Hot Dog Buns

\$2.99/each

MEAT & DELI



Pig & Pantry Beef Jerky

\$10.99/100 g
Regular \$11.99/100 g



Tuscan Oven Roasted Ham

\$2.29/100 g
Regular \$2.49/100 g



Gypsy Salami

\$3.29/100 g
Regular \$3.49/100 g



Harvest Wieners

675 g
\$8.99/each
Regular \$9.49/each

PRODUCE



Little Potatoes Assorted
680 g

\$3.99/each
Regular \$4.99/each



Taylor Farms Salad Kits
315-340 g

\$4.89/each
Regular \$5.39 each



Organic Iceberg Lettuce

\$2.99/each
Regular \$3.49 each



Organic Apples Assorted
2 lb

\$5.99/each

DAIRY & FROZEN



Yoggu Plant Based Probiotic Yogurt
450 g

\$8.79/each
Regular \$9.99 each



Happy Planet Juice
1.75 l

\$7.49/each
Regular \$7.99 each



Squamish Probiotic Pops
4x80 ml

\$6.99/each
Regular \$7.99 each



Konscious Plant Based California Roll
210 g

\$8.99/each
Regular \$9.99 each

MARKET ESSENTIALS



Wagyu Beef Jerky
60 g

\$9.29/each
Regular \$9.99 each



Humble Potato Chips
135 g

\$3.99/each
Regular \$4.99 each



Loop Naturally Fermented Soda
355 ml

\$3.79/each
Regular \$4.49 each



C'est Bon Bon Gummies
150 g

\$3.99/each
Regular \$4.49 each