



MONTHLY FEATURES

pitchfork
MARKET + KITCHEN

JULY - HOT DEALS, FRESH FLAVOURS

\$10

MONTHLY
**FEATURE
Meal 2 Go**

SANTA FE SALAD
Single Size



\$17

MONTHLY
**MENU
Feature**

SOUTHERN FRIED
CHICKEN SANDWICH



CHEF'S CREATIONS



**Roast Beef Dinner
With Gravy**

\$12.00/each



**Pizza Sandwich On
Cheese Bun**

\$8.00/each



**Margherita
Pizza**

\$16.00/each



Broccoli Salad

\$5.49/each

LOCAL



**Vesela's International
Kitchen Sauerkraut**
500 ml

\$9.49/each



**Harvest
Wieners**
675 g

\$9.49/each



**Gravelbourg
Mustard**
220 ml

\$7.99/each



**Jenny's Delectables
Potato Skins**
700 g

\$15.99/each



Silo Pulses + Grains

1 kg

\$7.69-10.29/each



**Carzan Local
Meats Beef Jerky**
80 g

\$9.89/each



Hannigan Honey

1 kg

\$13.99/each



**Vanilla Pastry Co.
Assorted Desserts**

\$10.00/each

GLUTEN & DAIRY FRIENDLY



Schar Hot Dog Rolls

228 g

\$7.39/each



**Kettle Air
Fried Chips**

156 g

\$4.69/each



Seedwise Clusters

150 g

\$6.29/each



**Thirsty Buddha
Soda**

355 ml

\$2.89/each



WEEKLY SPECIALS

pitchfork
MARKET + KITCHEN

HOT DEALS, FRESH FLAVOURS

Check out this week's hot deals from July 10th - July 16th | Shop In-Store or Online

BAKERY FEATURES



Apple Turnovers
4 pack

\$4.99/each



Leek Parmesan Pastry
2 pack

\$6.99/each



Sourdough Loaf

\$3.99/each



Rice Krispie Cake

\$2.99/each

MEAT & DELI



Original Family Farms Bison Burgers
4 pack

\$17.59/each



Prairie Pride Boneless/Skinless Chicken Thighs

\$7.17/lb
Regular \$8.17/lb



Rosemary Oven Roasted Ham

\$2.29/100 g
Regular \$2.49/100 g



Hungarian Salami

\$3.69/100 g
Regular \$3.99/100 g

PRODUCE



Celery Hearts

\$3.99/each
Regular \$4.59/each



Mushrooms

227 g
\$2.29/each
Regular \$3.49/each



Peppers

3 pack
\$6.49/each
Regular \$6.99/each



Mandarin Oranges

750 g
\$4.29/each
Regular \$4.99 each

DAIRY & FROZEN



Avalon Ice Cream

946 ml
\$14.39/each
Regular \$14.99 each



Coney Island Popcorn Chicken Poutine

1.62 kg
\$19.29/each
Regular \$19.99 each



Konscious Salmon or Tuna Poke Bowl

293 g
\$8.99/each
Regular \$9.99 each



Amano Genmai Miso

400 g
\$8.39/each
Regular \$8.99 each

MARKET ESSENTIALS



Nuworld Rice

907 g
\$11.99/each
Regular \$12.99 each



Kikkoman Seasoning Mix Assorted

28.3 g
\$1.29/each
Regular \$1.69 each



Loop Naturally Fermented Soda

355 ml
\$3.99/each
Regular \$4.49 each



Rebel Cookies Assorted

70-80 g
\$3.99/each