



MONTHLY FEATURES

pitchfork
MARKET + KITCHEN

AUGUST - HOT DEALS, FRESH FLAVOURS

\$13

MONTHLY
**FEATURE
Meal 2 Go**

GINGER BEEF & RICE
Single Size



\$16

MONTHLY
**MENU
Feature**

DILL-ISCIOUS WRAP



CHEF'S CREATIONS



Pesto Potato Salad

\$12.00/each



Vegetable Tray with Dip

\$26.99/each



Brooklyn Style Deli Sandwich

\$9.00/each



Chicken Pot Pie

\$16.00/each

LOCAL

NEW



Solstice Coffee

340 g

\$19.99/each



Neeva Shaker Cereal PB Puffs

45-50g

\$3.99/each



Cinnawin Homestyle Cinnamon Spread

500 ml

\$7.99/each



Bannock Express Bannock Mix

1 kg

\$12.99/each



Rebel Food Cookies

300 g

\$9.89/each



Last Mountain Syrup

465 ml

\$6.99/each



Casita Foods Garlic & Herb Bagels

4 pack

\$8.49/each



Asha Rose Cinnamon Buns

6 pack

\$16.99/each

GLUTEN & DAIRY FRIENDLY



Nature's Path Waffles

210 g

\$5.49/each



Califia Farms Plant Based Milk

1.40 l

\$6.99/each



Earth's Own Dairy Free Butter

340 g

\$7.29/each



Yoggu! Plant Based Yogurt

450 g

\$9.49/each



WEEKLY SPECIALS

pitchfork
MARKET + KITCHEN

HOT DEALS, FRESH FLAVOURS

Check out this week's hot deals from July 31st - August 6 | Shop In-Store or Online

BAKERY FEATURES



**Maple Mania
Cake**

\$2.99/each



**Double Delight Citrus
Orange & Chocolate
Mania Cake**

\$6.99/each



Bakery Cookies

6 pack
\$4.99/each



**Schar
Ciabatta**

200 g
\$8.99/each

MEAT & DELI



Local Products
**Harvest Jalapeno &
Cheddar Barbecue Wieners**

500 g
\$9.49/each
Regular \$9.99/each



NEW
**Sundried Tomato Oven
Roasted Turkey Breast**

\$3.79/100 g
Regular \$3.99/100 g



**International
Flavours**
Gypsy Salami

\$3.29/100 g
Regular \$3.49/100 g



Burns Bologna

\$2.19/100 g
Regular \$2.49/100 g

PRODUCE



**Beef Steak
Tomatoes**

4 pack
\$3.59/each
Regular \$3.79/each



Baby Carrots

454 g
\$2.39/each
Regular \$2.79/each



**Pears
Asian/Bartlett**

\$2.69/each
Regular \$2.99/each



Grapefruit

\$1.79/each
Regular \$1.99/each

DAIRY & FROZEN



Local Products
**Coney Island
Classic Poutine**

936 g
\$16.29/each
Regular \$16.99 each



ORGANIC
**Deebee's Super
Fruit Freezies**

400 ml
\$7.69/each
Regular \$8.49 each



**Lunch
mate**
**Schneiders
Lunch Mate**

90-120g
\$3.49/each
Regular \$3.99 each



ORGANIC
**Le Grand
Vegan Yogurt**

500 g
\$5.89/each
Regular \$6.29 each

MARKET ESSENTIALS



ORGANIC
**Dio Chaang
Coffee**

340 g
\$17.99/each
Regular \$18.99 each



NEW
1883 Syrup

250 ml
\$9.29/each
Regular \$9.99 each



**Kellogg's
Fun Pac**

210 g
\$4.99/each
Regular \$5.49 each



**VARIETY PACK 347
TOTAL BAGS**
**Ziploc
Bags
Assorted Sizes**

\$4.99/each
Regular \$5.99 each